

PUEBLO COMMUNITY RESOURCES

**TEEN specific resources
on next page.**

IN CRISIS? NEED HELP?

Local resources can help you with difficult situations including but not limited to:

- Emotional/physical abuse
- Domestic violence
- Substance abuse
- Self injury and suicidal thoughts
- Bullying
- Stress, depression, and anxiety
- Parenting concerns
- Homelessness
- Disability
- Recovery support

Crisis

All are available 24/7

Sol Vista Mental Health	(719) 275-2351
St. Thomas More Hospital	(719) 285-2000
Health Solutions	(719) 545-2746
Parkview Crisis Intervention	(719) 595-7843
ACOVA/Victim Assistance	(719) 583-6434
Pueblo County Social Services Crisis Line	(719) 582-6699
Suicide Prevention Center Help Line	(719) 564-6642

Homelessness/Emergency Shelter

POSADA Shelter, 24/7	(719) 545-8776
Pueblo Interfaith Hospitality Network, 24/7	(719) 583-4070
Wayside Cross Gospel Rescue Mission, 24/7	(719) 545-5744
YWCA Family Crisis Shelter, 24/7	(719) 545-8195
Pueblo Cooperative Care, Monday-Thursday	(719) 543-7484
Pueblo Community Soup Kitchen, Monday-Saturday, 9:30 a.m.-12:30 p.m.	(719) 545-6540
Pueblo Rescue Mission	(719) 924-8413
Pueblo Salvation Army	719) 543-3656
Pueblo United Way	(719) 225-8580

More information and or help looking up additional resources are available at the front desk.

PUEBLO COMMUNITY RESOURCES *teens*

IN CRISIS? NEED HELP?

Need to talk to someone?
Need some help?

Here are non-discriminatory,
non-judgmental, and
confidential resources.



Crisis Helplines

National Teen Dating Abuse Hotline

Phone: (866) 331-9474

Text: LOVIES to 22522

Online chat: lovesrespect.org

National Runaway Safeline

Phone: 1-(800)-RUNAWAY

Text: 66008

Online chat: 1800runaway.org

National Suicide and Crisis Lifeline

Phone and Text: 988

Online: 988lifeline.org

National Domestic Violence Hotline

Phone: (800) 799-SAFE (7233)

Text: START to 88788

Online chat: thehotline.org

Colorado Crisis Services Hotline

The Pueblo Crisis Walk-In Center,

1310 Chinook Lane, Pueblo, CO 81001

Phone: (844) 493-8255

Text: TALK to 38255

LGBTQ+ and Sexual Assault Resources

Pueblo Dept. of Health

101 W. 9th St., Pueblo, CO 81003

Phone: (719) 583-4300

STD & STI testing, and preventive services available

National Sexual Assault Hotline

Phone: (800)656-HOPE (4673)

Online chat: rainn.org

Trans Lifeline

Phone: (877) 565-8860

Website: translifeline.org

The Trevor Project

Phone: 1-(866) 488-7386

Text: START to 678-678

Online chat: thetrevorproject.org/get-help

Pueblo Rape Crisis Services (PRCS)

503 N. Main St., Suite 526

Pueblo CO, 81003

Phone: (719) 549-0549

Office: (719) 544-1191

Website: www.rapecrisisservices.org