## PUEBLO Community Resources

TEEN specific resources on next page.

### IN CRISIS? NEED HELP?

Local resources can help you with difficult situations including but not limited to:

- Emotional/physical abuse
- Domestic violence
- Substance abuse
- Self injury and suicidal thoughts
- Bullying
- Stress, depression, and anxiety
- Parenting concerns
- Homelessness
- Disability
- Recovery support

#### Crisis

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Sol Vista Mental Health	(719) 275-2351
St. Thomas More Hospital	(719) 285-2000
Health Solutions	(719) 545-2746
Parkview Crisis Intervention	(719) 595-7843
ACOVA/Victim Assistance	(719) 583-6434
Pueblo County Social Services Crisis Line	(719) 582-6699
Suicide Prevention Center Help Line	(719) 564-6642

#### **Homelessness/Emergency Shelter**

POSADA Shelter, 24/7	(719) 545-8776
Pueblo Interfaith Hospitality Network, 24/7	(719) 583-4070
Wayside Cross Gospel Rescue Mission, 24/7	(719) 545-5744
YWCA Family Crisis Shelter, 24/7	(719) 545-8195
Pueblo Cooperative Care, Monday-Thursday	(719) 543-7484
Pueblo Community Soup Kitchen, Monday-Saturday, 9:30 a.m12:30 p.m.	(719) 545-6540
Pueblo Rescue Mission	(719) 924-8413
Pueblo Salvation Army	719) 543-3656
Pueblo United Way	(719) 225-8580



More information and or help looking up additional resources are available at the front desk.

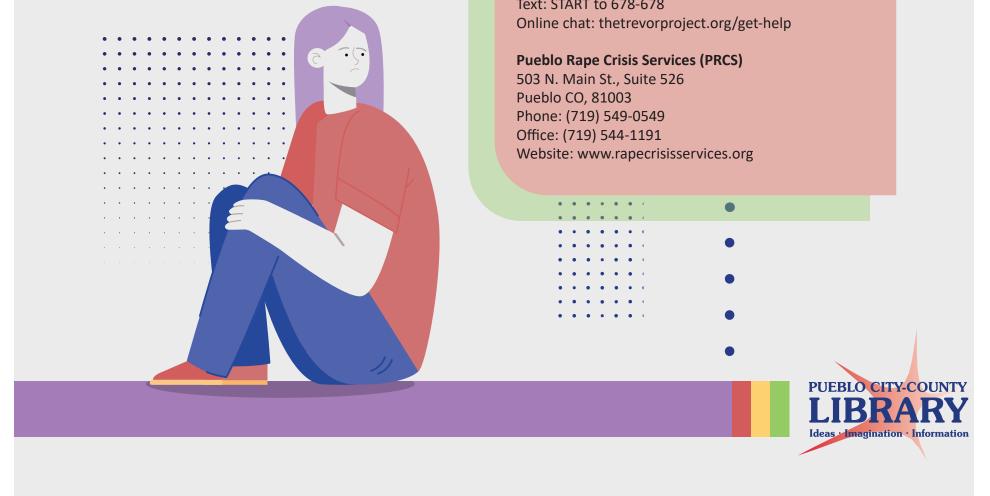
# **PUEBLO** COMMUNITY RESOURCES teens

## **IN CRISIS? NEED HELP?**

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Need to talk to someone? Need some help?

Here are non-discriminatory, non-judgmental, and confidential resources.



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**Crisis Helplines National Teen Dating Abuse Hotline** Phone: (866) 331-9474 Text: LOVIES to 22522 Online chat: loviesrespect.org

**National Runaway Safeline** Phone: 1-(800)-RUNAWAY Text: 66008 Online chat: 1800runaway.org

**National Suicide and Crisis Lifeline** Phone and Text: 988 Online: 988lifeline.org

**National Domestic Violence Hotline** Phone: (800) 799-SAFE (7233) Text: START to 88788 Online chat: thehotline.org

**Colorado Crisis Services Hotline** The Pueblo Crisis Walk-In Center, 1310 Chinook Lane, Pueblo, CO 81001 Phone: (844) 493-8255 Text: TALK to 38255

#### LGBTQ+ and Sexual Assault

Resources **Pueblo Dept. of Health** 101 W. 9th St., Pueblo, CO 81003 Phone: (719) 583-4300 STD & STI testing, and preventive services available

**National Sexual Assault Hotline** Phone: (800)656-HOPE (4673) Online chat: rainn.org

**Trans Lifeline** Phone: (877) 565-8860 Website: translifeline.org

**The Trevor Project** Phone: 1-(866) 488-7386 Text: START to 678-678