PUEBLO COMMUNITY RESOURCES

TEEN specific resources on next page.

IN CRISIS? NEED HELP?
Local resources can help you with difficult situations including but not limited to:
- Emotional/physical abuse
- Domestic violence
- Substance abuse
- Self injury and suicidal thoughts
- Bullying
- Stress, depression, and anxiety
- Parenting concerns
- Homelessness
- Disability
- Recovery support

More information and or help looking up additional resources are available at the front desk.

Crisis
All are available 24/7

Sol Vista Mental Health (719) 275-2351
St. Thomas More Hospital (719) 285-2000
Health Solutions (719) 545-2746
Parkview Crisis Intervention (719) 595-7843
ACOVA/Victim Assistance (719) 583-6434
Pueblo County Social Services Crisis Line (719) 582-6699
Suicide Prevention Center Help Line (719) 564-6642

Homelessness/Emergency Shelter

POSADA Shelter, 24/7 (719) 545-8776
Pueblo Interfaith Hospitality Network, 24/7 (719) 583-4070
Wayside Cross Gospel Rescue Mission, 24/7 (719) 545-5744
YWCA Family Crisis Shelter, 24/7 (719) 545-8195
Pueblo Cooperative Care, Monday-Thursday (719) 543-7484
Pueblo Community Soup Kitchen, Monday-Saturday, 9:30 a.m.-12:30 p.m. (719) 545-6540
Pueblo Rescue Mission (719) 924-8413
Pueblo Salvation Army (719) 543-3656
Pueblo United Way (719) 225-8580
IN CRISIS? NEED HELP?
Need to talk to someone?
Need some help?
Here are non-discriminatory, non-judgmental, and confidential resources.

**PUEBLO COMMUNITY RESOURCES**

**teens**

**Crisis Helplines**
- National Teen Dating Abuse Hotline
  Phone: (866) 331-9474
  Text: LOVIES to 22522
  Online chat: loviesrespect.org
- National Runaway Safeline
  Phone: 1-(800)-RUNAWAY
  Text: 66008
  Online chat: 1800runaway.org
- National Suicide and Crisis Lifeline
  Phone and Text: 988
  Online: 988lifeline.org
- National Domestic Violence Hotline
  Phone: (800) 799-SAFE (7233)
  Text: START to 88788
  Online chat: thehotline.org
- Colorado Crisis Services Hotline
  The Pueblo Crisis Walk-in Center,
  1310 Chinook Lane, Pueblo, CO 81001
  Phone: (844) 493-8255
  Text: TALK to 38255

**LGBTQ+ and Sexual Assault Resources**
- Pueblo Dept. of Health
  101 W. 9th St., Pueblo, CO 81003
  STD & STI testing, and preventive services available
- National Sexual Assault Hotline
  Phone: (800)656-HOPE (4673)
  Online chat: rainn.org
- Trans Lifeline
  Phone: (877) 565-8860
  Website: translifeline.org
- The Trevor Project
  Phone: 1-(866) 488-7386
  Text: START to 678-678
  Online chat: thetrevorproject.org/get-help
- Pueblo Rape Crisis Services (PRCS)
  503 N. Main St., Suite 526
  Pueblo CO, 81003
  Phone: (719) 549-0549
  Office: (719) 544-1191
  Website: www.rapecrisisservices.org